MetroWest Adolescent Health Survey Results

Lincoln-Sudbury Regional High School
AGENDA

✓ Introduction
• Student Presentation of Findings
• Initiative Overview
• Question & Answer
MetroWest Adolescent Health Survey

What is the MWAHS?

• Survey is comprised of 137 questions regarding students’ involvement in healthy and potentially risky behaviors.

• Questions focus on:
  - Alcohol, tobacco, and other drug use
  - Feelings of stress, depression and suicide
  - Sexual behavior
  - Violence and Bullying
  - Perception of safety and adult support

• Questions are asked about behaviors that occurred in the past month, past year and/or lifetime.
The MWAHS LS Survey Basics

- MWAHS was administered in November of 2010
  - This effort and the previous 2 survey administrations in 2006 and 2008 were funded by the MetroWest Community Health Care Foundation.
  - 24 MetroWest Districts participated for a total of 23,187 surveyed.
- 1,470 LS students participated (91% of population)

<table>
<thead>
<tr>
<th>GRADE LEVEL</th>
<th>NUMBER OF STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th Grade</td>
<td>319</td>
</tr>
<tr>
<td>11th Grade</td>
<td>367</td>
</tr>
<tr>
<td>10th Grade</td>
<td>393</td>
</tr>
<tr>
<td>9th Grade</td>
<td>384</td>
</tr>
</tbody>
</table>

Gender

Thursday, October 6, 2011
MWAHS Validity

How do we know that student responses are truthful?

• Based on the Youth Risk Behavior Survey (YRBS) generated by the Center for Disease Control and Prevention (CDC)

• The CDC survey is a standardized and reliable instrument

• Research indicates data of this nature is credible whether from adolescents or adults

• Research shows students need to perceive survey as...
  - important
  - voluntary
  - anonymous
  We followed these guidelines

• All surveys are reviewed for implausible or frivolous responses

• Analyses conducted to test for reasonableness of responses and for consistency of response across related items
The **MWAHS** Key Findings

*Our students report some positive and concerning behaviors . . .*

- 76% (1114) feel a part of the school
- 69% (1008) have a supportive adult at school
- 31% (458) felt very stressed in past month
- 28% (410) were bullied in past year
- 26% (382) were “drunk” in past month
- 14% (200) have come to school “drunk” or “high” in their lifetime
- 12% (175) hurt themselves on purpose last year
- 3% (38) attempted suicide in the year
The MWAHS Trends 2006 to 2010

ENCOURAGING

✓ Decrease in Smoking
  • Lifetime - 31% in 2006 to 19% in 2010

✓ Decrease in Alcohol use
  • Current Use - 43% in 2006 to 37% in 2010

✓ Decrease in Depressive Symptoms
  • Last Year - 20% in 2006 to 16% in 2010

✓ Decrease in Fighting
  • Past Year - 26% in 2006 to 22% in 2010

✓ Increase in Physical Activity
  • % Meeting National Recommendations - 33% in 2006 to 43% in 2010

CONCERNING

➡ Increase in Cyberbullying
  • Past Year - 13% in 2006 to 17% in 2010

➡ Decrease in Condom Use
  • Last Intercourse - 73% in 2006 to 64% in 2010
The **MWAHS** Findings

We ALL as a community have a role to play in fostering healthy behaviors for our students

**A.C.T.**

**Acknowledge - Care - Talk**

- Acknowledgement of challenges and trends
  - Understand norms and consider difference between perceptions
    - 26% (1/4) students were drunk last month vs
    - 74% (3/4) of students chose not to be drunk last month

- Caring - being present and supportive of initiatives

- Talking and Taking Action
  - Through conversations - (i.e. Community Connections)
  - Through providing opportunities to make healthy decisions
AGENDA

✓ Introduction
✓ Student Presentation of Findings

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SUBSTANCE USE
Since 1997, there appears to be a decline in cigarette smoking at LS.

% Students who have smoked cigarettes in lifetime

Nationally there has been a similar decline in cigarette use.

This trend might indicate that specifically addressing a problem CAN change behavior.

Raising awareness and providing education DOES make a difference.

Messages from home DO matter.
**Lifetime Substance Use Comparison**

*Overall, LS is comparable to MetroWest for percentage of students reporting lifetime use of these substances.*

<table>
<thead>
<tr>
<th>DRUG</th>
<th>LS %</th>
<th>MetroWest %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>61</td>
<td>58</td>
</tr>
<tr>
<td>Marijuana</td>
<td>31</td>
<td>35</td>
</tr>
<tr>
<td>Prescription Drugs</td>
<td>8</td>
<td>10</td>
</tr>
<tr>
<td>Hallucinogenic Drugs</td>
<td>6</td>
<td>N/A</td>
</tr>
<tr>
<td>Cocaine</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Ecstasy</td>
<td>4</td>
<td>6</td>
</tr>
<tr>
<td>Methamphetamine</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Heroin</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>
While some of the percentages may be low, the actual number of students who report using these drugs is alarming (of the 1470 surveyed).

<table>
<thead>
<tr>
<th>DRUG</th>
<th>LS</th>
<th>Actual Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>61%</td>
<td>897</td>
</tr>
<tr>
<td>Marijuana</td>
<td>31%</td>
<td>456</td>
</tr>
<tr>
<td>Prescription Drugs</td>
<td>8%</td>
<td>118</td>
</tr>
<tr>
<td>Hallucinogenic Drugs</td>
<td>6%</td>
<td>88</td>
</tr>
<tr>
<td>Cocaine</td>
<td>4%</td>
<td>59</td>
</tr>
<tr>
<td>Ecstasy</td>
<td>4%</td>
<td>59</td>
</tr>
<tr>
<td>Methamphetamine</td>
<td>3%</td>
<td>44</td>
</tr>
<tr>
<td>Heroin</td>
<td>2%</td>
<td>29</td>
</tr>
</tbody>
</table>
As students get older their alcohol use in the past month increases. However, since 2006 there has been a decrease in current alcohol use by both LS students (43% in 2006 to 37% in 2010) and Metrowest students (42% to 35%).

% of Students who Drank Alcohol in Past Month

<table>
<thead>
<tr>
<th>Grade</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>17%</td>
<td>29%</td>
<td>47%</td>
<td>60%</td>
</tr>
</tbody>
</table>
**Past Month Alcohol Use Comparison**

*Overall, LS is comparable to MetroWest for percentage of students reporting these behaviors in the past month.*

<table>
<thead>
<tr>
<th>Activity</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Binge Drank</td>
<td>21%</td>
<td>21%</td>
</tr>
<tr>
<td>5+ drinks in a row within a couple of hours</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Was “Drunk”</td>
<td>26%</td>
<td>25%</td>
</tr>
<tr>
<td>Consumed Alcohol Before/During School Event (PAST YEAR)</td>
<td>13%</td>
<td>11%</td>
</tr>
<tr>
<td>Used Alcohol on School Property</td>
<td>4%</td>
<td>3%</td>
</tr>
</tbody>
</table>
Past Month Alcohol Use Comparison: **12th Graders**

*Just looking at 12th graders, LS reports greater numbers than MetroWest for percentages of these past month behaviors.*

<table>
<thead>
<tr>
<th>Activity</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Binge Drank 5+ drinks in a row within a couple of hours</td>
<td>39%</td>
<td>35%</td>
</tr>
<tr>
<td>Was “Drunk”</td>
<td>45%</td>
<td>41%</td>
</tr>
<tr>
<td>Consumed Alcohol Before/During School Event (PAST YEAR)</td>
<td>24%</td>
<td>16%</td>
</tr>
<tr>
<td>Used Alcohol on School Property</td>
<td>7%</td>
<td>5%</td>
</tr>
</tbody>
</table>
PERCEPTIONS MATTER

LS Students who understand the harm that alcohol use poses (binge drinking) are significantly less likely to binge drink (6% vs 44%)
Past Month Binge Alcohol Use Comparison

While comparable overall to the MetroWest, the frequency and extent of binge drinking is quite concerning.

% of Students who drank 5+ Drinks at One Time in Past Month

- **9th**: 5% (LS), 8% (MetroWest)
- **10th**: 15% (LS), 17% (MetroWest)
- **11th**: 29% (LS), 26% (MetroWest)
- **12th**: 39% (LS), 35% (MetroWest)

182 (12%) LS students report losing consciousness after drinking or using drugs in their lifetime.
Older LS students are consistently reporting drinking more in association with school events than older MetroWest students.

% of Students who consumed Alcohol Before/During School Event in Past Year

- 4% (9th, LS)
- 5% (9th, MetroWest)
- 11% (10th, LS)
- 9% (10th, MetroWest)
- 16% (11th, LS)
- 13% (11th, MetroWest)
- 24% (12th, LS)
- 16% (12th, MetroWest)
Past Month Marijuana Use By Grade

Marijuana use at LS has remained similar since 2006. This use continues to extend past a single time and is more prevalent on a consistent basis.

% of Students who have used Marijuana in Past Month

More boys report using marijuana in the past month than girls (26% to 15%)
Current Marijuana Use

PERCEPTIONS MATTER

LS Students who understand the harm that marijuana use poses are significantly less likely to smoke

(5% vs 35%)
For a disturbing number of students, substance use has expanded beyond weekend "partying" and this behavior increases with age.

% of Students who have come to School “Drunk” or “High” in Lifetime

- 9th grade: 4%
- 10th grade: 12%
- 11th grade: 15%
- 12th grade: 25%
Substance use on school property is another indicator of how risky behaviors increase with age. Overall, LS is comparable with MetroWest regarding substance use on school property.

% of Students who used on School Property in Past Month

- **Alcohol**
- **Marijuana**

Cocaine is also a substance that has been used on school property in the past month with 24 students reporting this behavior.
Past Year Substance Availability on School Property Comparison

Substance availability at LS has remained similar when compared with MetroWest.

% of Students OFFERED, SOLD, or GIVEN Marijuana, Pills, or other drugs on School Property in Past Year

- **LS**
- **MetroWest**

<table>
<thead>
<tr>
<th>Year</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>19%</td>
<td>16%</td>
</tr>
<tr>
<td>2008</td>
<td>20%</td>
<td>18%</td>
</tr>
<tr>
<td>2010</td>
<td>18%</td>
<td>20%</td>
</tr>
</tbody>
</table>

Thursday, October 6, 2011
**LS students consistently report higher rates of attending parties where alcohol is available in the past month.**

% of Students who Attended a Party where Alcohol Available in the Past Month

- **9th**: 33% (LS) 28% (MetroWest)
- **10th**: 41% (LS) 44% (MetroWest)
- **11th**: 64% (LS) 53% (MetroWest)
- **12th**: 70% (LS) 61% (MetroWest)
Past Month Alcohol Use: Where does it come from?

- Parents without knowledge: 9%
- Bought It/Had Someone Buy It: 7%
- Friends: 10%
- Parents with Knowledge: 10%
- Party: 20%
- Other: 46%

Alcohol is not the only thing "available." 38% of LS students went to a party/hung out where marijuana was available in the past month.
Messages from Home Matter

*Parents who send clear messages to their students about substance use may make a difference in their student’s use.*

Parents who convey a message that drinking is **WRONG**: 30% of their students have drunk alcohol in the past month

Parents who convey a message that drinking is **NOT WRONG**: 67% of their students have drunk alcohol in the past month

Parents who convey a message that using marijuana is **WRONG**: 15% of their students have used marijuana in the past month

Parents who convey a message that using marijuana is **NOT WRONG**: 60% of their students have marijuana in the past month
Sexual Behavior
Reports of lifetime oral sex have remained similar since 2006. There is no comparison data available with MetroWest.

% of Students who have had Oral Sex in their Lifetime

- **Given**
  - LS Boys: 17%
  - LS Girls: 26%

- **Received**
  - LS Boys: 37%
  - LS Girls: 20%
Reports of lifetime sexual intercourse have remained similar since 2006 for both LS (23% in 2006 & 24% in 2010) and MetroWest (29% in 2006 & 28% in 2010).

% of Students who have had Sexual Intercourse in Lifetime
LS students are reporting increased use of substances (alcohol or other drug) prior to sexual intercourse than in the past and in comparison to MetroWest.

% of Students who used Substances Before LAST Sexual Intercourse

An alarming 50% of 9th graders who have had sex used substances prior.
Condom use has declined both at LS and MetroWest.

% of Students who used a Condom During LAST Sexual Intercourse

Only 50% of 12th graders used a condom last time they had sexual intercourse.
MetroWest Adolescent Health Survey Findings

Violence and Safety
**LS students have been reporting similar rates of dating violence behaviors since 2006. MetroWest students have also reported comparable rates since 2006.**

% of Students who report a partner who . . . . .in their Lifetime

<table>
<thead>
<tr>
<th></th>
<th>LS Boys</th>
<th>LS Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physically Hurt</td>
<td>8%</td>
<td>8%</td>
</tr>
<tr>
<td>Forced to have Sexual Intercourse</td>
<td>5%</td>
<td>6%</td>
</tr>
<tr>
<td>Forced to do other Sexual Activities</td>
<td>6%</td>
<td>14%</td>
</tr>
</tbody>
</table>
**Past Month Driving Safety Behaviors: 12th Graders**

There was a decrease in the percentage of 12th graders who rode and drove in cars with someone who is under the influence since 2008; however, the numbers are still alarming.

<table>
<thead>
<tr>
<th>Activity</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rode with Under 21 Driver after Drinking Alcohol</td>
<td>27%</td>
<td>22%</td>
</tr>
<tr>
<td></td>
<td>(34% in ’08)</td>
<td></td>
</tr>
<tr>
<td>Drove after Drinking Alcohol</td>
<td>23%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td>(32% in ’08)</td>
<td></td>
</tr>
<tr>
<td>Rode with Driver who had been Smoking Marijuana</td>
<td>36%</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>(40% in ’08)</td>
<td></td>
</tr>
<tr>
<td>Drove after Smoking Marijuana</td>
<td>19%</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td>(28% in ’08)</td>
<td></td>
</tr>
</tbody>
</table>
Past Month Driving Safety Behaviors: 12th Graders

When looking at the actual numbers of 12th graders the information is very concerning.

<table>
<thead>
<tr>
<th>Activity</th>
<th>LS</th>
<th>Actual Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rode with Under 21 Driver after Drinking Alcohol</td>
<td>27%</td>
<td>86</td>
</tr>
<tr>
<td>Drove after Drinking Alcohol</td>
<td>23%</td>
<td>73</td>
</tr>
<tr>
<td>Rode with Driver who had been Smoking Marijuana</td>
<td>36%</td>
<td>115</td>
</tr>
<tr>
<td>Drove after Smoking Marijuana</td>
<td>19%</td>
<td>61</td>
</tr>
</tbody>
</table>
Overall bullying has remained similar and at a high level with currently 28% of LS students report being bullied on school property.

% of Students who were Bullied on School Property in Past Year

Only 7% of all LS students spoke with an adult at school about being bullied as opposed to 9% of MetroWest students.

Being bullied includes being repeatedly teased, threatened, hit, kicked, or excluded by another student or group of students.
Overall, 88% of LS students feel safe at school as compared with 83% of MetroWest students. Feeling safe increases with age and inversely correlates with bullying victimization.

% of Students who were Bullied on School Property in Past Year
Locations of Bullying on School Property

- Somewhere else at school: 32%
- Hallway: 14%
- Locker room: 5%
- Cafeteria: 14%
- Classroom: 30%

Thursday, October 6, 2011
Past Year Cyberbullying Comparison

Cyberbullying has increased at LS in the past 4 years (17% in 2010 vs 13% in 2006). However, LS students report lower numbers than MetroWest students (17% vs 20%).

% of Students who were a Victim of Cyberbullying in Past Year

Sexting is a very concerning behavior with 26% of LS students who received a “sext” (25% MetroWest).
Impacts of Bullying

49% of students who were bullied on school property in the past year report being stressed about social issues compared with 23% who were not bullied.

7% of students who were bullied on school property in the past year report not going to school because they felt unsafe compared with 1% who were not bullied.

20% of LS students who were bullied on school property last year considered suicide compared with 6% who were not bullied.
Past Month Weapons on School Property Comparison

*LS has comparable levels to MetroWest for carrying weapon in the past month.*

% of Students who Carried a Weapon on School Property in Past Month

<table>
<thead>
<tr>
<th>Year</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>2008</td>
<td>2%</td>
<td>3%</td>
</tr>
<tr>
<td>2010</td>
<td>2%</td>
<td>3%</td>
</tr>
</tbody>
</table>

No students were caught with weapons on school property in the 2010-11 school year versus the 30 students who reported carrying a weapon in the past month.

*Weapons were defined on the survey as gun, knife, or club.*
Past Year Physical Fights Comparison

Physical fighting on school property is comparable to the MetroWest Region (7%) and levels have remained relatively static for fighting in general.

% of Students who were in a Physical Fight on School Property in Past Year

More LS boys report being in fights than LS girls (33% vs 11%)
Regardless of the grade level of the student, a large number have been a victim of theft. Overall, 22% (down from 25% in 2006) of students report having their property stolen or damaged which is higher than MetroWest (19%).

% of Students who were Victims of Theft in Past Year

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>26%</td>
</tr>
<tr>
<td>10th</td>
<td>22%</td>
</tr>
<tr>
<td>11th</td>
<td>18%</td>
</tr>
<tr>
<td>12th</td>
<td>20%</td>
</tr>
</tbody>
</table>

There were less than 40 “official reports of theft” during the 2010-2011 school year versus the 323 students reporting being a victim of theft.
Mental Health
LS students report higher stress levels in the past month and greater amounts of worrying about school issues than MetroWest students.

% of Students who reported . . . in Past Month

<table>
<thead>
<tr>
<th></th>
<th>LS</th>
<th>MetroWest</th>
<th>LS Students who report life being very stressful are more likely to engage in risky behaviors.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life Very Stressful</td>
<td>31%</td>
<td>28%</td>
<td></td>
</tr>
<tr>
<td>Worry about School Issues</td>
<td>66%</td>
<td>57%</td>
<td></td>
</tr>
</tbody>
</table>
The differences in stress levels with MetroWest are greater during 11th and 12th grade. LS girls also report higher stress levels than LS Boys.

% of Students who say Life Very Stressful Past Month

% of LS Students who say Life Very Stressful Past Month
Past Year Depressive Symptoms Comparison

While similar to MetroWest students reporting depressive symptoms, LS students are reporting less than in previous years.

% Students who had Depressive Symptoms in Past Year

<table>
<thead>
<tr>
<th>Year</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>20%</td>
<td>20%</td>
</tr>
<tr>
<td>2008</td>
<td>21%</td>
<td>20%</td>
</tr>
<tr>
<td>2010</td>
<td>16%</td>
<td>19%</td>
</tr>
</tbody>
</table>

Depressive symptoms defined as felt sad or hopeless almost every day for two or more weeks
Past Year Depressive Symptoms Comparison

While comparable to MetroWest students reporting depressive symptoms, LS students are reporting similar amounts regardless of the year.

% of Students who had Depressive Symptoms in Past Year

Depressive symptoms defined as felt sad or hopeless almost every day for two or more weeks
Past Year Self-Harm and Suicide Comparison

**LS and MetroWest currently have comparable levels self-harming behavior and suicide attempts. These levels have remained similar since 2006.**

% of Students who .... in the Past Year

![Bar chart showing self-harm and suicide attempts in LS and MetroWest](chart.png)

- 12% Self-Harmed (LS)
- 14% Self-Harmed (MetroWest)
- 10% Seriously Considered Suicide (LS)
- 12% Seriously Considered Suicide (MetroWest)
- 3% Attempted Suicide (LS)
- 4% Attempted Suicide (MetroWest)
12% of LS students report self-harming in the past year, which means 176 students self-harmed

10% of LS students report seriously considering suicide in the past year, which means 147 students seriously considered suicide

3% of LS students report attempting suicide in the past year, which means there were 38 suicide attempts
School Attachment and Adult Support
LS School Attachment and Adult Support

69% of students say that they have a supportive adult at school.

76% of students say that they feel a part of the school.

89% of students say that they have a supportive adult outside of school.

Students with adult support are less likely to engage in risky behaviors.

4% of students who did NOT have a supportive adult at school carried a weapon as opposed to 1% who did.

12% of students who did NOT have a supportive adult at school considered suicide as opposed to 9% who did.
When comparing 12th graders’ feelings of connection and adult support, LS has consistently higher percentages than MetroWest.

<table>
<thead>
<tr>
<th>CONNECTEDNESS</th>
<th>LS</th>
<th>MetroWest</th>
</tr>
</thead>
<tbody>
<tr>
<td>I feel close to people at school</td>
<td>79%</td>
<td>71%</td>
</tr>
<tr>
<td>I feel like I am part of this school</td>
<td>75%</td>
<td>69%</td>
</tr>
<tr>
<td>I am happy to be at this school</td>
<td>75%</td>
<td>65%</td>
</tr>
<tr>
<td>I feel safe in my school</td>
<td>93%</td>
<td>85%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ADULT SUPPORT</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Have at least one adult at school to talk to if there is a problem</td>
<td>84%</td>
<td>79%</td>
</tr>
<tr>
<td>Have at least one adult outside of school to talk to about important things</td>
<td>91%</td>
<td>89%</td>
</tr>
</tbody>
</table>

Numbers based on the 319 LS 12th graders and MetroWest Seniors surveyed
AGENDA

✓ Introduction
✓ Student Presentation of Findings

✓ Initiative Overview

• Question & Answer
Sampling of Current Initiatives

- **Substance Use**
  - Eight Week Substance Abuse Group
  - Student Assistance Team (STAT)
  - Community Connections (Parent Education & Empowerment Nights)
  - S.A.D.D.
  - Wellness Curriculum
    - 9th Grade Intro. to Wellness
    - 10th Grade Community Action & CPR (Sudbury & Lincoln Police Presentations)
    - 11th Grade Health Issues
  - Athletics Initiative

- **Mental Health**
  - Signs of Suicide (introduces A.C.T.) program in 9th Grade Wellness
  - Depression workshop in 10th Grade
  - Depression Workshop Student Leaders training (11th & 12th Grade)
  - Stress and Depression Unit in Health Issues Class
Sampling of Current Initiatives Continued

• **Violence and Safety**
  - School Mediation Program
  - School Climate Committee
  - Opening School Year Meetings
  - Staff trainings on Cyberbullying and Anti-bully law
  - House Meetings
  - Visions Training
  - A.C.T. Initiatives
  - REACH Healthy Relationships Group
  - First Adventure
  - A.C.T. within Wellness curriculum
  - Conflict Resolution Elective in wellness

• **Healthy Behaviors**
  - Wellness Curriculum Courses - nutrition, yoga
  - Skills for Wellbeing Course
  - Wellness Day (Fall 2012 - will need parent involvement)
  - LSPO Stress Busters during Midterms/Finals
Continuing the Conversation . . .

Community Connections

**Wednesday October 19th**

7 p.m., Cafeteria

Please Contact Sarah Greeley with Q’s x3156

sarah_greeley@lsrhs.net

School Climate Committee

Community Presentation with Stan Davis

**Thursday February 9th**

Please Contact Susan Shields with Q’s x3150

susan_shields@lsrhs.net
AGENDA

✓ Introduction
✓ Student Presentation of Findings
✓ Initiative Overview
✓ Question & Answer

Further Questions Please Contact:

Scott Carpenter x2370 scott_carpenter@lsrhs.net